

## Yogapuncture Intake Form

Name: \_\_\_\_\_ Date: \_\_\_\_\_ DOB: \_\_\_\_\_

I have had acupuncture before: yes no

Today is a typical or atypical day, please explain: \_\_\_\_\_

My energy level is generally (check all that apply):

high average low non-existent fluctuates

My sleep is generally (check all that apply):

restorative poor restless dream-filled disrupted by children/pets/snoring

Emotionally I am feeling (check all that apply):

happy @peace sad angry anxious worried fearful depressed

I have allergies to (check all that apply):

the environment food the seasons pets other: \_\_\_\_\_

I am in pain:

constantly frequently intermittently occasionally almost never

Explain: \_\_\_\_\_

I have been diagnosed with the following conditions/am currently being treated for:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Ladies only: I am currently pregnant: yes no I currently have my MP: yes no

My last MP began: \_\_\_\_\_ Menopause began: \_\_\_\_\_

Is there anything else you think I should know or that you feel needs to be discussed

privately before the start of class? No Yes: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

OVER--->

**Informed Consent to Acupuncture Treatment:  
(Yogapuncture/acupuncture at West End Yoga)**

I consent to acupuncture treatments provided by a Licensed Acupuncturist of LiveWell Integrated Health LLC during class at West End Yoga. I understand that this treatment will be performed in a group setting, and as such anything discussed will be discussed as a group. I will notify my treatment provider if I have questions or concerns that need to be discussed privately prior to the start of class.

**Purpose of Treatment:** The purpose of treatment is to provide a health care service based on a traditional Chinese system of medical theory. Diagnosis and treatment based on these theories are used to promote health and to treat organic and functional disorders. TCM is not a replacement for conventional medicine.

**Benefits of Treatment:** Relief of presenting symptoms, improved circulation, optimizing the body's ability to heal itself, and wellness. These benefits may lead to prevention or elimination of the presenting problem, and strengthening of the patient's constitution. The practitioner cannot guarantee the outcome of any course of treatment.

**Risks of Treatment:** Acupuncture has been shown to be relatively safe. However, there are some uncommon but potential risks. These potential risks may include:

1. Discomfort during the insertion of a needle.
2. Dizziness or fainting.
3. Minor bruising or temporary discoloration of the skin.
4. Numbness or tingling near the insertion sites.
5. Possible temporary aggravation of symptoms that existed prior to treatment.
6. A broken needle (very rare with the use of disposable needles).
7. Infection (very rare with the use of disposable needles).
8. Very rare and unusual risks include spontaneous miscarriage, nerve damage and organ puncture, including lung puncture (pneumothorax).

I will notify the clinical staff member who is caring for me if I am, or become pregnant. I understand that members of the clinical staff of LiveWell Integrated Health LLC may discuss my case to provide thorough and accurate treatment of my condition. Otherwise all of my records will be kept confidential and will not be released to any party without my written consent.

By voluntarily signing below I show that I have read, or have had read to me, this consent to treatment, have been told about the risks and benefits of acupuncture, and have had an opportunity to ask questions. I intend this consent form to cover the entire course of treatment for my present condition and for any future condition(s) for which I seek treatment.

**To be completed by patient** (or patient's representative if the patient is a minor or is physically or legally incapacitated).

\_\_\_\_\_  
Date Consent Completed

\_\_\_\_\_  
Print Name of Patient (or patient representative)

\_\_\_\_\_  
Signature of Patient (or patient representative)

**To be completed by the member of the Clinical Staff** providing information and obtaining consent.

\_\_\_\_\_  
Print Name of Clinical Staff

\_\_\_\_\_  
Signature of Clinical Staff